Sometimes When It Burns

I can feel the sun through this old t-shirt, covered in paint stains & small holes, stories

I'm sure

I only wear it here around the house, to bed & it must be more than 10

years now

I've had it, this pink rag, this grief

That what was supposed to be

our marriage, our life will never

be

You were supposed to be smart even though university just didn't stick, and have an eye for beauty--

Photographs

still hanging in this house even though

you're long gone

And I,

I was supposed to be smart

& driven, that career

at Stanford I cancelled before the 2nd interview, before nursing school . The poems I wrote ghosted on the internet & etched into

these bones

each

We should have travelled & enjoyed ourselves worshipped our *selves* and

other. But maybe the wounds were just too deep.

I turned loving you into a self-

loathing I still suffer

And the sun just burns sometimes but it feels right, still, to take off this shirt and let it penetrate

all these layers

This hard fought skin I'm in

I've covered myself in tigers, flowers, birds & bees. Words and burn spread across my back

As I catch a reflection in the sliding glass, I sit up & stretch out my spine. The rays dip behind a midafternoon cloud and cool

A breeze blows. I am topless in the backyard and the sounds--

Neighborhood children, the roosters one block down, tiny chirpers in the redwoods all dim.

I close my eyes and see the deep red of the sun's smile